

**See Important Safety Considerations for *Restylane* and *Restylane-L* on the next page.**



Lip Treatment Process

## A step-by-step guide to lip treatment with *Restylane*<sup>®</sup> or *Restylane-L*<sup>®</sup>

*Restylane* and *Restylane-L* can be used for lip enhancement in patients over 21 years and to add volume and fullness to the skin to correct moderate to severe facial wrinkles and folds, such as the lines from your nose to the corners of your mouth (nasolabial folds).

### What you need to know before, during and after lip treatment

The first and most important step is to sit down with a healthcare professional for a consultation on how *Restylane* and *Restylane-L* can improve the appearance of your lips. If you decide to try *Restylane* or *Restylane-L* for lip enhancement, be sure to speak with your physician about the treatment process first, and browse through our list of do's and don'ts below.

#### TREATMENT DO'S AND DON'TS

##### BEFORE TREATMENT

- Avoid using aspirin, nonsteroidal anti-inflammatory medications (such as ibuprofen), St John's wort, or high doses of vitamin E supplements, as these may increase bruising and bleeding at the injection site.
- Talk with your healthcare professional if you have previously suffered from facial cold sores. He or she may prescribe a medication to minimize recurrence.

##### DURING TREATMENT

- Treatment with *Restylane* and *Restylane-L* generally takes less than an hour (individual treatment times may vary).
- Your healthcare professional will cleanse and prepare the area to be treated. Then *Restylane* and *Restylane-L* gel is injected into the treatment area using an ultra-fine needle to create the desired effect.
- Immediate visible results.

##### AFTER TREATMENT

- Use cold compresses to reduce swelling.
- Avoid exposure to intense heat (sun lamp or sunbathing).
- Reduce the risk of facial cold sore recurrence that could be caused by needle punctures. Talk with your healthcare professional about medications that may minimize an outbreak.
- Avoid taking aspirin, nonsteroidal anti-inflammatory medications (such as ibuprofen), St John's wort, or high doses of vitamin E supplements for one week after treatment. These agents may increase bruising and bleeding at the injection site.
- After treatment, you might have some swelling, redness, pain, bruising, or tenderness. These are typically mild in severity and normally last less than 14 days in lips. Swelling may be more likely in patients under 36 years, and bruising may be more likely in patients over 35 years.
- Contact your healthcare professional if you experience side effects beyond 14 days—and ask about follow-up appointments.

**Important Safety Considerations for *Restylane* and *Restylane-L***

*Restylane* and *Restylane-L* should not be used by people with previous bad allergies, particularly to microorganisms known as gram-positive bacteria, or by people with serious allergies to drugs that have previously required in-hospital treatment. *Restylane* and *Restylane-L* should not be used by people with bleeding disorders. *Restylane-L* should not be used by anyone with a known allergy to lidocaine.

Use of *Restylane* or *Restylane-L* at the site of skin sores, pimples, rashes, hives, cysts, or infection should be postponed until healing is complete. In these instances, *Restylane* or *Restylane-L* use could delay healing or make your skin problems worse. After treatment, you might have some swelling, redness, pain, bruising, or tenderness. These are typically mild in severity and normally last less than 7 days in nasolabial folds and less than 14 days in lips. Swelling may be more likely in patients under 36 years, and bruising may be more likely in patients over 35 years. Rarely, the doctor may inject into a blood vessel, which can damage the skin. Although rare, red or swollen small bumps may occur. If you have had facial cold sores before, an injection can cause an outbreak. To avoid bruising and bleeding, you should not use *Restylane* or *Restylane-L* if you have recently used drugs that thin your blood or prevent clotting. *Restylane* and *Restylane-L* should not be used during pregnancy, when breastfeeding, or in patients under 18 years for nasolabial folds.

Treatment volume should be limited to 6.0 mL in wrinkles and folds, such as nasolabial folds, and limited to 1.5 mL per lip, as greater amounts significantly increase moderate and severe injection site reactions. The safety or effectiveness of treatment in areas other than nasolabial folds and lips has not been established in controlled clinical studies.

*Restylane* and *Restylane-L* are available only through a licensed practitioner. Complete product and safety information is available at [www.RestylaneUSA.com](http://www.RestylaneUSA.com).

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